



GARDEN - ORARI CORSI ACQUA

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LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
	8:30-9:15 ACQUAGYM	8:15-9:00 BIKE A prenotazione		8:30-9:15 BIKE E TREAD	
9:35-10:20 ACQUAGYM	9:15-10:00 BIKE E TREAD A prenotazione	9:00-9:45 ACQUAGYM	9:35-10:20 ACQUAGYM	9:15-10:00 ACQUAGYM	
10:20-11:05 BIKE E TREAD A prenotazione			10:20-11:05 BIKE E TREAD		10:00-10:45 ACQUAMIX
					10:45-11:30 BIKE E TREAD
13:00-14:00 ADD + BIKE E TREAD	13:00-13:45 ACQUAGYM	13:00-13:45 ACQUASTEP	13:00-13:45 ACQUABATA	13:00-13:45 ACQUAGYM STRONG	
16:00-16:45 ACQUAGYM	16:00-16:45 ACQUAGYM	16:00-16:45 ACQUAJUMPER	16:00-16:45 ACQUAGYM	16:00-16:45 ACQUAGYM	16:00-16:45 ACQUAGYM
16:45-17:30 BIKE E TREAD	16:45-17:30 BIKE	16:45-17:30 ACQUAGYM	16:45-17:30 BIKE E TREAD	16:45-17:30 ACQUAGYM	
17:30-18:15 BIKE E TREAD A prenotazione	17:30-18:15 AQUATRaining	17:30-18:15 AQUASTEP	17:30-18:15 BIKE E TREAD A prenotazione	17:30-18:15 AQUASTEP	
18:15-19:00 ACQUAGYM	18:15-19:00 ACQUAGYM	18:15-19:00 ACQUAGYM	18:15-19:00 ACQUAGYM	18:15-19:00 ACQUAGYM	
19:00-19:45 ACQUAJUMPER	19:00-19:45 ACQUASTEP	19:15-20:00 BIKE	19:00-19:45 ACQUAJUMPER	19:00-19:45 BIKE E TREAD	
20:00-20:45 BIKE	20:00-20:45 ACQUACROSS		19:45-20:30 BIKE E TREAD		